



RESCUE BREATHING

1. CHECK THE SCENE.
CHECK THE PERSON.
2. CALL FOR HELP.
3. GIVE CARE.

If the person is not breathing-

1. Maintain an open airway.



2. Pinch the nose shut.



3. Give 1 slow breath.



Count:

ADULT - 1 breath every 5 seconds

CHILD - 1 breath every 3 seconds

INFANT - 1 breath every 3 seconds



Draw lines from the pictures to the skills to match these **RESCUE BREATHING** steps.

One-one thousand,
Two-one thousand,
Give breath.



1. COUNT FOR CHILD.



2. MAINTAIN OPEN AIRWAY.

3. COUNT FOR ADULT.

One-one thousand,
Two-one thousand,
Three-one thousand,
Four-one thousand,
Give breath.

4. PINCH THE NOSE.

5. GIVE ONE SLOW BREATH.



One-one thousand,
Two-one thousand,
Give breath.

6. COUNT FOR INFANT.